

**Maharashtra University of Health Sciences, Nashik**  
**Inspection Committee Report for Academic Year 2021 - 2022-**  
**Attendance Details/ Research Details/ Welfare Scheme Details**

Faculty:-B.P.Th

Name of College/Institute :- Miraj Medical Center, College of Physiotherapy, Wanless Hospital  
Miraj

1	Attendance	} Month-wise Biometric attendance to be uploaded by the college on College Website  (No hard copies of attendance to be submitted to the University)
	Teaching Staff	
	Non teaching staff	
	Hospital Staff	
	UG & PG Students	
2	Project	List attached
	Research Articles/Publications	List attached
	Research Award (Student/Teacher)	01
3	<b>Utilization of Student Welfare Schemes :-</b>	
	Earn and Learn Scheme	Nil
	Dhanwantri Vidyadhan Scheme	Nil
	Sanjivani Student Safety Scheme	Nil
	Student Safety Scheme	Nil
	Book Bank Scheme	Nil
	Savitribai Phule Vidyadhan Scheme	Nil
	Bahishal Shikshan Mandal Scheme	Nil
	DMER Minority	17
Samajkalyan Scholarship / Freeship	11	
4	<b>Sport participants/Other Activities:</b>	
	i) Information of Student(s) who participated University level & State level Avishkar Competition.	04
	ii) Information of Student(s) who participated in Regional Sport Competition & State level Sports Competition.	Yes
	iii) Information of Student(s) who participated in Cultural Activities.	Nil
	iv) Does the college have NSS Unit?	Yes
5	Whether "Swaccha Bharat Abhiyan" implemented in college	Yes



*(Signature)*  
 Dean/ Principal Stamp & Signature  
**Principal**  
**College of Physiotherapy**  
**Wanless Hospital**  
**Miraj Medical Centre.**  
 Miraj - 415 415 Page 1 of 1

**Maharashtra University of Health Sciences, Nashik Inspection Committee Report for Academic Year 2021 - 2022-**  
**College Of Physiotherapy**  
**Attendance Details**

**Attendance Report**

Report From \_\_\_\_\_ Date: 1/01/2021 To \_\_\_\_\_ Date: 01/05/2022

**Code Name**

	Jan 21	Feb 21	March 21	Apr 21	May 21	Jun 21	July 21	Aug 21	Sep 21	Oct 21	Nov 21	Dec 21	Jan 22	Feb 22	March 22	Apr 22	May 22						
0011999	Dr. HARSHADA	18	23.5	18	24	21.5	19	25	25	26	27	27	25	25	23.5	23.5	13	18.5	22	16.5	22	15	19.5
0012308	Dr. AAKANKSHA JOSHI	17.5	19.5	24	24	25	26	27	14	26	18.5	24	20	15.5	22	20	15.5	20	20	20.5	25.5	21.5	20
0012126	Dr. RONALD	21	19.5	21.5	21.5	22	19.5	21	19.5	21	24	20	21	20.5	20.5	21	20.5	20	20	20.5	25.5	21.5	20
temp17	DR. ASHOK JAIN	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	13	21	21
0012355	DRASHTI SHAH	20	18	27	18	25	20.5	19.5	23.5	21.5	19	12.5	L	LWP	LWP	LWP	LWP	LWP	LWP	LWP	13	21	21
0012370	USHMA PRAJAPATI	-	-	-	-	-	-	10	23	25	23	20	21	21	26	22	21	21	21	21.5	26	26	15.5
0012373	VRUSHALI BHOORE	-	-	-	-	-	-	-	08	25	22	20	21	21.5	26	21.5	21.5	21.5	21.5	21.5	26	26	21.5
0012374	CHINTAN SOLANKI	-	-	-	-	-	-	-	08	25	23.5	22	21.5	12	26.5	21.5	21.5	19.5	19.5	19.5	26.5	21.5	19.5
0012381	SWATHI POOJARY	-	-	-	-	-	-	-	-	-	-	-	21.5	22.5	27	22	22	21.5	21.5	21.5	27	22	21.5
0012385	MRUNALI PATEL	-	-	-	-	-	-	-	-	-	-	-	-	23	26	23	23	23	23	23	26	23	16
temp016	Dr. AHMAD NOOR	-	-	-	-	-	-	-	-	-	-	-	-	-	13	21	21	21	21	21	13	21	22
temp015	Dr. VENKATESAN RAMAKRISHNAN	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	20
temp007	Dr. SENTHIL P	22	18	25	18	24	26	25	25	22	22	21	20	reliev	reliev	reliev	reliev	reliev	reliev	reliev	reliev	reliev	reliev
temp006	Dr. KALIDASAN V.	24	24	27	25	19	27	22	26	20	23	20	22	21	20	20	21	20	20	21	20	20	21
0012104	Dr. SNEHS KATKE	20.5	20.5	15	24.5	17	18	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
0012129	Dr. MANAL ANTHIKAT	21.5	22	27	24	22	16	05	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
0012193	Dr. SHWETAMBARI CHAVAN	20.5	22	26	15	23.5	13	25.5	21	24	20	20	19.5	20	19.5	20	20	19.5	20	20	19.5	20	05
0012310	Dr. AKSHAY CHOUGULE	11.5	20	24.5	23.5	21.5	23.5	13.5	19	16	-	-	-	-	-	-	-	-	-	-	-	-	-
0012313	Dr. SACHIN MAGADE	23.5	23.5	27.5	15.5	24.5	14	19.5	04	-	-	-	-	-	-	-	-	-	-	-	-	-	-
0012315	Dr. ARCHANA METHHE	20.5	19	15	22.5	24	14.5	12.5	23.5	19	20.5	-	-	-	-	-	-	-	-	-	-	-	-
0012314	Dr. MAHENDRA LODHI THAKUR	11.5	21.5	24.5	1.5	LWP	07	24	23	22.5	06	-	-	-	-	-	-	-	-	-	-	-	-
temp014	Dr. SHRUKANT SAANT	24	24	27	27	25	26	20	24	25	22	23	21	reliev	reliev	reliev	reliev	reliev	reliev	reliev	reliev	reliev	reliev
0012363	Dr. MADHURIKA KATE	20.5	21.5	25.5	25	12	17.5	20.5	07	-	-	-	-	-	-	-	-	-	-	-	-	-	-



Dear Sir,  
 Principal  
 College of Physiotherapy  
 Wanless Hospital  
 Miraj Medical Centre.

**Maharashtra University of Health Sciences, Nashik Inspection Committee Report for Academic  
Year 2021 - 2022--Attendance Details**

**College Of Physiotherapy  
Attendance Report**

Report From

Date: 1/01/2021

To

Date: 01/05/2022

Code	Name.	Jan	Feb	March	Apr	May	Jun	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	March	Apr	May
		21	21	21	21	21	21	21	21	21	21	21	21	21	22	22	22	22
0011162	Mr. Ashish Umapp	21	20	24	20	22	21	23	25	24	20	21	23	22	20	25	24	21.5
0011730	Mrs. Glory Umapp	25	24	20	21	23	22	20	25	24	21.5	21	20	24	20	22	21	20
0012301	Mrs. Pranali Howale	23	22	20	25	24	21.5	21	20	19.5	20.5	22	23	19.5	21	25	24	22.5
0012454	Mr. Sanjay Pujari	19.5	20.5	22	23	19.5	21	25	20	21	23	22	21	23	22	20	23.5	22
0012143	Mrs. Manisha Sachin Sawant	21.5	19.5	23	19.5	16	24	18	24	24.5	23	22.5	17	18	20.5	22.5	21	21
0012325	Mr. Suhas R Waghmare	20	20	23.5	15.5	22	20.5	10.5	11	21.5	20.5	21.5	17	14	17.5	Absent	Absent	
0012352	Mrs. Sarika Jhon Awale	19.5	20.5	21	11	24	19	26	17	23	24	23	18	20.5	21.5	26	22	22
WH11200	Mrs. Ashwini Sumudra	19.5	23	27.5	22.5	25	26	26.5	10	27	24	27	22	21	02	Break	Break	Break
0010974	Smt Kanchan K. Bhore	21	22	20	21	19	18	27	18	26.5	24	26	16	17	22.5	26	11	11
WH11220	Mrs. Surekha Madrasli	25	20	21	22	20	-	-	-	-	-	-	-	-	-	-	-	-
00112110	Mr. Vinod Pandare	21	19.5	20	19.5	21	19.5	20	17	20	22	21	20	19	20	21	23.5	20
00110250	Mr. Mooses Sasane	18.5	22.5	19.5	21	25	20	20	19	21	20	24	17.5	Relieve	-	-	-	-
0010824	Mrs. Rita Kardak	20.5	21	25	20	21	23	23	22	20	25	20	22	21	23	25	24	22
01112000	Mr. Anil Bansode																	20
0012122	Mr. Vaibhav Bhosale	23	19.5	21	25	20	21	23	22	21	23	22	20	23.5	22	23	24.5	20
11914	Mr. Sandip Satyawar	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	18	23
11137	Mr. Devdas Narayan Awale	20	22	21	23	25	24	20	21	23	22	23	22.5	17	18	21	20	19
12176	Mr. Rohit Chandrakant Sanadi							25	20	21	23	22	21	23	22	20	23	22



Dean/Principal Stamp &amp; Signature

*Shabir*

**Principal  
College of Physiotherapy  
Wanless Hospital  
Miraj Medical Centre.  
Miraj - 416 410.**

**Maharashtra University of Health Sciences, Nashik Inspection Committee  
Report for Academic Year 2021-2022**

**Research Details**

**Faculty:-B.P.Th**

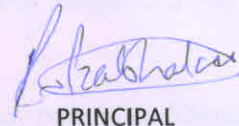
**Name of College/Institute :- Miraj Medical Center, College of Physiotherapy, Wanless Hospital  
Miraj**

- Angela Gabriel :- Immediate effect of post isometric relaxation technique versus reciprocal inhibition technique on hip adductor flexibility among undergraduate students in Miraj. – a comparative study
- AlifaD'souza :- Effect of diaphragmatic breathing exercise Vs volume based incentive spirometry on inspiratory muscle strength using digital manometer following open upper abdominal surgery.
- Joel Mathew :- Effect of positive expiratory pressure(pep) on vo2 max, spo2, pr of obese class i individuals.
- Jemimah John David:- Immediate effect of buteyko breathing technique versus stacked breathing technique in asthma patients.
- Nikhil Bandsode:- Relation between heart rate recovery, level of fatigue and vo2 max in swimmers - an observational study.
- Surabhi Shinde:- Correlation of craniovertebral angle with neck pain in undergraduate students- observational study.
- Shreya ramteke :- Effect of CoDuSe exercises on functional balance in elderly population.
- SmrutikaKaranjkar:- To Compare the Depression, Anxiety and Stress Levels in First Year Odd and Even Batch in Medical Students at Miraj, Maharashtra, India.
- Rutujashinde:- Effect of neuromuscular electrical stimulation on facial angle among bell's palsy patients.
- Alwin Thorat:-Prevalence of Rheumatoid Arthritis in patients with Diabetes Mellitus in miraj city.

- Precilla Anthony:- Short term effect of static stretching versus myofascial release on pain and neck disability index in upper-cross syndrome in laundry workers.
- Tanishqa Coutinho:- To compare the effect of core strengthening vs 90-90 hemibrige ball and balloon exercise on primary dysmenorrhoea in adolescent girls.
- Vishwanath Chavan:- Comparative effect of sleeper's stretch and Spencer's muscle energy technique on pain, range of motion and functional disability in subject with adhesive capsulitis - A randomised clinical trial.
- Pooja Pawar:- Prevalence of chronic respiratory symptoms and altered peak flow rate in agricultural workers in Sangli district.
- Kiran yadav :- Effect of inspiratory muscle training on maximum inspiratory pressure and dyspnoea related anxiety among covid-19 patients – an experimental study.
- Grace Barla:- Effect of tendon gliding exercises with grip strengthening exercises on quality of life in patients with carpal tunnel syndrome : an experimental study.
- MARIA CHAWDI:- Effect of muscle energy technique versus retro-walking on hamstring flexibility and dynamic balance in young college going students- A comparative study.
- Yash Sawant :- Effectiveness of bosu ball versus swiss ball exercises on bowling speed among male sub-elite cricket fast bowlers in sangli city".
- Vinanti Makasare:- Screening of musculoskeletal disorders in fuel station workers of sangli-miraj city.
- Krishna kapse:- Immediate effect of non-ballistic active knee extension in neural slump position versus active proprioceptive neuromuscular facilitation hold relax technique on hamstring flexibility among the administrative staff of the hospital : a comparative study.
- Shraddha Limaye:- Effect of Otago Exercise program for fall prevention in Alcoholic Neuropathy patients.
- Shradha Samson Kagnulkar :- Screening of COPD in rickshaw drivers in Miraj taluka using COPD6 device.
- Prathmeshwayadande:- Comparing alteration in knee joint kinematics, During gait in chronic stroke patients with age Matched individuals on level surface."

- Krupakirtana Nadimikeri :- Effectiveness of fartlek training on maximum oxygen consumption and resting heart rate in young obese males:an experimental study
- Sonalmane:- Comparative effect of static stretching and eccentric training on the flexibility of calf muscle in healthy individuals.
- Prachi Mandale :- Prevalence of Valsalva manuever in novice weightlifting athletes in sangli District"
- Tulip Diana D'souza :- Relationship of occupational asthma with quality of life among cotton textile industry workers of miraj taluka"
- Prashant Navi:- Prevalence and risk factors of upper limb functional ability among auto-rickshaw drivers in miraj city"
- Rebekah Martyres :- The effects of plyometric training versus ballistic training on bowling speed in elite professional cricket players "
- Prachi Ramesh Bhanushali :- Prevalence of risk for work related musculoskeletal disorders in male standing machine operators in cotton textile industry at midc kupwad, sangli."
- Niharika V.RamanaraoCintre:- Effect of calisthenics exercises on the vertical high jump on intermediate female volleyball players.
- Sayli Jadhav :- "Immediate effect of intercostal stretch versus anterior basal lift on respiratory rate, chest expansion and incentive spirometry in acute stroke patients "
- Ancy devassykutty:- "prevalence of plantar fasciitis in foundry workers of automobile industries from miraj taluka"
- Sandesh salve:- " short term effect of manual lumbar traction with lower back exercises in pain and disability index in mechanical low back pain".
- Rachana Suryawanshi:- Association between physical activity and quality of life among Parkinson's patients during covid 19 pandemic: an online survey.
- Nelson lobo:- Effect of Active cycle of breathing technique on dyspnea and quality of life in post covid 19 patients.

- Sara Makasare:- Effectiveness of neural tissue mobilization versus transverse oscillatory pressure on pain and range of motion in cervical radiculopathy.
- Raj salgaonkar :- Added effects of proprioceptive training on dynamic postural stability in male kho-kho players (amateurs) using star excursion balance test.
- Steffina Mojes :- Impact on physical and mental health of remote workers during COVID - 19 pandemic in Maharashtra : A cross-sectional study.
- Manasi naik:- Prevalence of tightness in hip joint muscles in middle aged women engaging in prolonged desk job: descriptive study.
- Aishwarya Valiv :- Effectiveness of otago exercise versus task oriented progressive resistance strength training on balance and functional performance in stroke patients”
- Adeeba Khatib:-Increase in prevalence of sciatica in traffic police officers of sangli city during the covid pandemic: an observational study.
- Flora Mudaliyar:-Comparative effect of strength training and sensory training of lower limb on balance and functional mobility in elderly population with osteoarthritis of knee- randomized clinical trial.

  
PRINCIPAL

**Principal**  
**College of Physiotherapy**  
**Nanless Hospital**  
**Miraj Medical Centre.**

Maharashtra University of Health Sciences, Nashik Inspection Committee  
Report for Academic Year 2021 - 2022-Attendance Details/ Research Details/  
Welfare Scheme details

MIRAJ MEDICAL CENTRE, COLLEGE OF PHYSIOTHERAPY, WANLESS HOSPITAL.

• SAMAJKALYAN SCHOLARSHIP STUDENTS. YEAR 2020-2021

Sr. No.	Name of The Student	Category	Male	Female	Total
• SC Category					
1	Vishweshwari Prakash Ramapure	SC	-	03	04
2	Rutuja Sunil Kamble	SC	-		
3	Anuja Balasaheb Bhosale	SC	-		
4	Pravartak Rajendra Babare	SC	01	-	
• OBC Category					
5	Anushka Mahadeo Jadhav	OBC	-	01	02
6	Sumeet Chikkale	OBC	01	-	
• SBC Category					
7	Rutuja Prakash Pakhale	SBC	-	01	01
• VJNT Category					
8	Rutuja Ganesh Mundhe	VJNT	-	03	04
9	Sameeksha Vasant Gurav	VJNT	-	-	
10	Anjum Nisar Gavandi	VJNT	-	-	
11	Saurabh Jitendra Gonjari	VJNT	01	-	



*Saurabh Jitendra*  
Dean/ Principal Stamp & Signature  
**Principal**  
**College of Physiotherapy**  
**Wanless Hospital**  
**Miraj Medical Centre.**  
**Miraj - 416 410.**



**Maharashtra University of Health Sciences, Nashik**  
**Inspection Committee Report for Academic Year 2021 - 2022-**  
**Attendance Details/ Research Details/ Welfare Scheme Details**

Miraj Medical Centre, College Of Physiotherapy, Wanless Hospital. Miraj

❖ **DMER MINORITY SCHOLARSHIP YEAR-2020-2021**

Sr. No.	Name of The Student	Category	Male	Female	Total
1	Angela George Alex Gabriel	Christian Minority	-	15	17
2	Vinanti Sanjay Makasare	Christian Minority	-		
3	Grace John Barla	Christian Minority	-		
4	Sheryl Louis Correia	Christian Minority	-		
5	Ritty Thomas	Christian Minority	-		
6	Alifa Anthony Dsouza	Christian Minority	-		
7	Precilla R Anthony	Christian Minority	-		
8	Amala Joseph	Christian Minority	-		
9	Merin Daniel	Christian Minority	-		
10	Sharon George Coutinho	Christian Minority	-		
11	Pratitha Vijay Teldhune	Christian Minority	-		
12	Shweta Raman Talsandekar	Christian Minority	-		
13	Arpita Charles Navgire	Christian Minority	-		
14	Aditi Avinash Samudre	Christian Minority	-		
15	Samuel Milind Bhagat	Christian Minority	03		
16	Alwin Andresh Thorat	Christian Minority			
17	Nelson Albet Lobo	Christian Minority			



*Katrabhata*  
 Dean/ Principal Stamp & Signature  
**Principal**  
**College of Physiotherapy**  
**Wanless Hospital**  
**Miraj Medical Centre.**  
**Miraj - 416 410.**

# YOGA FEDERATION OF INDIA

(Estd. 1974, Regd. Under The Societies Registration Act XI of 1860)  
 AFFILIATED TO ASIAN YOGA FEDERATION & INTERNATIONAL YOGA SPORTS FEDERATION  
 REGD. OFFICE: FLAT NO.501, GHS-93, SECTOR-20, PANCHKULA- 134116 (HARYANA)- INDIA

www.yogafederationofindia.com

E-mail: yfashok2000@yahoo.co.in



## The Senior National Yogasana Sports Championship 2021-22 Andhra Pradesh

ORGANISED BY  
 Yoga Sports Association of Andhra Pradesh

26th to 29th March, 2022

International Delhi Public School, Tadepalligudem, Andhra Pradesh

### MERIT CERTIFICATE

**Azadi ka  
 Amrit Mahotsav**



SIGNATURE OF CANDIDATE



Name ..... **Vaisnavi Sachin Ahirao**  
 Surname ..... **Nahasakthra**  
 Birth .....  
 Height ..... **18-85 cms. Women**  
 Age-Group ..... **THIRD**  
 Position .....

**M. AVINASH**  
 SECRETARY GENERAL

**CH. VINARASIMHA RAJU**  
 PRESIDENT

**SARITA MIRAS**  
 SECRETARY GENERAL

**INDU AGGARWAL**  
 PRESIDENT

**CH. ASHOK KUMAR AGGARWAL**  
 CHAIRMAN



*Chubla*

**Principal  
 College of Physiotherapy  
 Wanless Hospital  
 Miraj Medical Centre  
 Miraj, Ashok K. Aggarwal**

YOGA SPORTS ASSOCIATION OF ANDHRA PRADESH

YOGA SPORTS ASSOCIATION OF ANDHRA PRADESH

YOGA FEDERATION OF INDIA

YOGA FEDERATION OF INDIA

YOGA FEDERATION OF INDIA

Sr. No. YFI/2022/NSM/184

# YOGA FEDERATION OF INDIA

(Regd. Under The Societies Registration Act XXI of 1860, Regd. No. 1195 Dated 14-02-90)

REGD. OFFICE: FLAT NO.501, GHS-93, SECTOR-20, PANCHKULA-134116 (HARYANA)- INDIA

E-mail: yfashok2000@yahoo.co.in

www.yogafederationofindia.com



Affiliated to  
Asian Yoga Federation



Affiliated to  
International Yoga Sports Federation

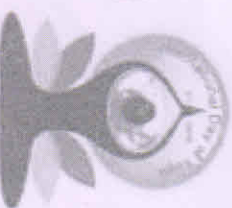
## The 45<sup>th</sup> Sub Junior, Junior & Senior National Yogasana Sports Championship

Live-Online

15th, 16th, 17th, 23rd, 24th 30th & 31st January, 2021

MERIT CERTIFICATE

Affiliated to  
International Yoga Federation



Yoga for Harmony & Peace

Name .....  
Vaisnavi S. Ahirrao

Unit .....  
Maharashtra

Event .....  
Artistic (Solo) Yogasana

Age-Group .....  
Senior Group (18 - 35 Years) - Female

Position .....  
Second

Signature of Candidate

*Chir*

Sr. No. YFI/2021/NCNM/299  
Dated : 31<sup>st</sup> January, 2021

RAMAN KUMAR  
ORGANISING SECRETARY  
YOGA FEDERATION OF INDIA

INDU AGGARWAL  
DIRECTOR COMPETITION  
SR. VICE PRESIDENT, YFI

SANJIA  
SECRETARY  
YOGA FEDERATION OF INDIA

ASHOK KUMAR AGGARWAL  
PRESIDENT  
YOGA FEDERATION OF INDIA

Principal  
College of Physiotherapy  
Wanless Hospital  
Miraj Medical Centre  
Miraj - 416 410



*Ahira*





# DISTRICT YOGA SPORTS CHAMPIONSHIP



Organised By

## AHMEDNAGAR JILHA HAUSHI YOG SANGH

Regi. Under the Societies Registration No. 1860 Regi. No. MAHA/300/2018/A.Nagar

Email : solanki.jatin20@gmail.com

Sr. No. 22

Affiliated to : MAHARASHTRA YOGA ASSOCIATION

Regi. Under the Societies Registratio Act 21/1860 Regi. No. MAHA/1825/2016/Pune & F - 49796/PUNE

Affiliated to : YOGA FEDERATION OF INDIA

Year : 2020 - 2021

# Certificate of Merit

Name : Yashnavi Sachin Shivrao

Age Group : 18 - 21 Girls Place : First

Capacity : Yoga Competitor / Referee / Official / Organiser

Date :- 24 /10 / 2020



Signature of Candidate

*Avinash Apte*

Avinash Apte  
President

*Shivaji Pawar*

Shivaji Pawar  
Vice President

*Jatin Solanki*

Jatin Solanki  
Secretary

*Ashwini*

Ashwini  
Principal  
Miraj Medical Centre, Hardas  
Wanless Hospital  
Miraj - 416 418  
Technical Director



*Ashwini*



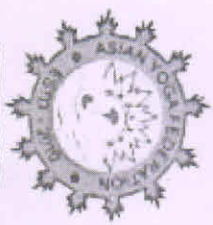
# YOGA FEDERATION OF INDIA

Founded in the Year 1974, Regd. Under The Societies Registration Act XI of 1860.

REGD. OFFICE: FLAT NO.501, GHS-93, SECTOR-20, PANCHKULA- 134116 (HARYANA)- INDIA

E-mail: [yfashok2000@yahoo.co.in](mailto:yfashok2000@yahoo.co.in)

[www.yogafederationofindia.com](http://www.yogafederationofindia.com)



AFFILIATED TO  
Asan Yoga Federation



AFFILIATED TO  
International Yoga Sports Federation

5<sup>th</sup> Federation Yogasana Sports Cup-2021

Live-Online

10th, 11th, 17th, 18th, 24th, & 25th July, 2021

**SOUVENIR CERTIFICATE**



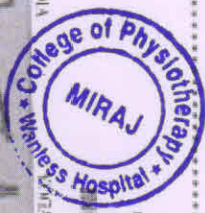
Yoga for Harmony & Peace

NAME OF CANDIDATE  
Sr. No. YFI/2021/FCS/182  
Dated : 25<sup>th</sup> July, 2021

Name ..... *Yashnavi S. Ahirrao*  
Habit ..... *Maharashtra*  
Event ..... *Yogasana Competition*  
Age-Group *Senior Group-A (18 - 25 Years) - Female*  
Competitor ..... *Chms.*  
Competitor ..... *Pran.*

RAMAN KUMAR  
THEAN KUB  
YOGA FEDERATION OF INDIA

SANJAY JHA  
SECRETARY GENERAL  
YOGA FEDERATION OF INDIA



DR. SIBANT  
DU AGGARWAL  
PRESIDENT  
YOGA FEDERATION OF INDIA

Principal  
College of Physiotherapy  
Witness Hospital  
Miraj Medical Centre,  
Miraj - 416 410

*Signature*

Handwritten numbers: 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25



EXPLORING EARLY CARE

# KINESIOCON - 2022

NATIONAL E-CONFERENCE

MAEER'S PHYSIOTHERAPY COLLEGE,  
TALEGAON DABHADE



**THEME :- EARLY RISK IDENTIFICATION AND INTERVENTION**

7<sup>th</sup> & 8<sup>th</sup> APRIL 2022

## CERTIFICATE OF ACHIEVEMENT

This certificate is awarded to  
**ANGELA GABRIEL**

For securing 1<sup>st</sup> prize in UG category in Paper presentation for her paper titled "Immediate Effect Of Post Isometric Relaxation Technique Versus Reciprocal Inhibition Technique On Hip Adductor Flexibility Among Undergraduate Students In Miraj", at the 3<sup>rd</sup> Annual Kinesiocon 2022

Dr. Nectu Mahapatra (P.T.)  
Organizing Secretary

*Nectu Mahapatra*



Dr. Snehal Ghodse (P.T.)  
Principal & Chairperson

*Snehal Ghodse*

Principal  
College of Physiotherapy  
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*Suresh Ghaisas*

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