



MIRAJ MEDICAL CENTRE'S
COLLEGE OF PHYSIOTHERAPY

MINORITY INSTITUTION (Estb. 2015)
WANLESS HOSPITAL (Estb. 1894)

MIRAJ - 416 410. MAHARASHTRA STATE, INDIA.
Over 125 years of Healing and Hope

Ph. [College] : (0233) 2211691
[W.H.] : (0233) 223291 to 95
2225399, 2225499
2225699
Fax : (0233) 2223413
Director Off. : 2222548
Admission Off. : 2223291 to 95
Ext. : 338
Website : www.wanlesshospital.org
OR www.whmmc.org
E-mail : copwanlesshospital@gmail.com

Annexure-XI

Maharashtra University of Health Sciences, Nashik
Inspection Committee Report for Academic Year 2024 - 2025
Webinar / Workshop/ CME/ Activities/ Perform in Last One Year

Faculty - PHYSIOTHERAPY

Name of the College / Institute: - MMC, COLLEGE OF PHYSIOTHERAPY, WH, MIRAJ

No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on college website)

Sr No	Details of Webinar/ Workshop/ CME/ Activates/ Preform
1.	BLOOD DONATION CAMP ORGANIZED BY NSS COMMITTEE OF COLLEGE OF PHYSIOTHERAPY IN BLOOD BANK DEPARTMENT OF MIRAJ MEDICAL CENTRE, WANLESS HOSPITAL, MIRAJ, ON 20TH FEBRUARY 2023.
2.	PHYSIOTHERAPY CAMP AT SANGLI CYCLOTHON WAS ORGANIZED ON 26TH FEBRUARY 2023.
3.	LECTURE ON "CHANGING PERSPECTIVE: LET'S TALK ABOUT OBESITY" AND FREE YOGA SESSION ON 4TH MARCH 2023 FOR OBESITY AWARENESS PROGRAM.
4.	YOGA SESSION AT YOGA HALL OF COLLEGE OF PHYSIOTHERAPY, MIRAJ ON INTERNATIONAL YOGA DAY ON 21ST JUNE 2023.
5.	LECTURE ON THE IMPORTANCE AND AWARENESS OF PHYSIOTHERAPY IN SPECIAL CHILDREN - EMPOWERING PARENTS OF CHILDREN WITH SPECIAL NEEDS AT AASHADEEP SPECIAL SCHOOL, SANGLI, ON 28TH JULY 2023.
6.	TREE PLANTATION DRIVE INITIATIVE BY NSS DEPARTMENT OF COLLEGE OF PHYSIOTHERAPY, MIRAJ, AT HARIPUR AND BOLWAD, SANGLI DISTRICT, ON 10TH AUGUST, 2023.
7.	INTERCOLLEGE SPORTS COMPETITION ON THE OCCASION OF NATIONAL SPORTS DAY ON 28TH - 29TH AUGUST, 202.
8.	EDUCATIONAL LECTURE ON INFLAMMATORY ARTHRITIS AT COLLEGE OF PHYSIOTHERAPY, WH, MMC, MIRAJ, ON OCCASION OF WORLD PHYSIOTHERAPY DAY 8TH SEPTEMBER, 2023.
9.	SEMINAR HELD ON THE OCCASION OF WORLD HEART DAY, 30TH SEPTEMBER 2023, AS PART OF INTEGRATED TEACHING.
10.	INTERNSHIP OATH CEREMONY OF BATCH 2019-2020 AT COLLEGE OF PHYSIOTHERAPY, MMC, WH, MIRAJ, ON 26TH NOVEMBER, 2023.
11.	CHRISTMAS CELEBRATION EVENT AT COLLEGE OF PHYSIOTHERAPY, MMC, WH, MIRAJ, ON 15TH DECEMBER, 2023.



[Signature]
Dean/ Principal Stamp and Signature
Principal
College of Physiotherapy
Wanless Hospital
Miraj Medical Centre.
- 416 410.

Maharashtra University of Health Sciences, Nashik
Inspection Committee Report for Academic Year 2024 - 2025
Webinar / Workshop/ CME/ Activities/ Perform in Last One Year

Faculty - PHYSIOTHERAPY

Name of the College / Institute: - MMC, COLLEGE OF PHYSIOTHERAPY, WH, MIRAJ

No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on college website)

Sr No	Details of Webinar/ Workshop/ CME/ Activates/ Preform
1.	BLOOD DONATION CAMP ORGANIZED BY NSS COMMITTEE OF COLLEGE OF PHYSIOTHERAPY IN BLOOD BANK DEPARTMENT OF MIRAJ MEDICAL CENTRE, WANLESS HOSPITAL, MIRAJ, ON 20TH FEBRUARY 2023.
2.	PHYSIOTHERAPY CAMP AT SANGLI CYCLOTHON WAS ORGANIZED ON 26TH FEBRUARY 2023.
3.	LECTURE ON "CHANGING PERSPECTIVE: LET'S TALK ABOUT OBESITY" AND FREE YOGA SESSION ON 4TH MARCH 2023 FOR OBESITY AWARENESS PROGRAM.
4.	YOGA SESSION AT YOGA HALL OF COLLEGE OF PHYSIOTHERAPY, MIRAJ ON INTERNATIONAL YOGA DAY ON 21ST JUNE 2023.
5.	LECTURE ON THE IMPORTANCE AND AWARENESS OF PHYSIOTHERAPY IN SPECIAL CHILDREN – EMPOWERING PARENTS OF CHILDREN WITH SPECIAL NEEDS AT AASHADEEP SPECIAL SCHOOL, SANGLI, ON 28TH JULY 2023.
6.	TREE PLANTATION DRIVE INITIATIVE BY NSS DEPARTMENT OF COLLEGE OF PHYSIOTHERAPY, MIRAJ, AT HARIPUR AND BOLWAD, SANGLI DISTRICT, ON 10TH AUGUST 2023
7.	INTERCOLLEGE SPORTS COMPETITION ON THE OCCASION OF NATIONAL SPORTS DAY ON 28TH – 29TH AUGUST 2023
8.	EDUCATIONAL LECTURE ON INFLAMMATORY ARTHRITIS AT COLLEGE OF PHYSIOTHERAPY, WH, MMC, MIRAJ, ON OCCASION OF WORLD PHYSIOTHERAPY DAY 8TH SEPTEMBER 2023.
9.	SEMINAR HELD ON THE OCCASION OF WORLD HEART DAY, 30TH SEPTEMBER 2023, AS PART OF INTEGRATED TEACHING.
10.	INTERNSHIP OATH CEREMONY OF BATCH 2019-2020 AT COLLEGE OF PHYSIOTHERAPY, MMC, WH, MIRAJ, ON 26TH NOVEMBER 2023
11.	CHRISTMAS CELEBRATION EVENT AT COLLEGE OF PHYSIOTHERAPY, MMC, WH, MIRAJ, ON 15TH DECEMBER, 2023.



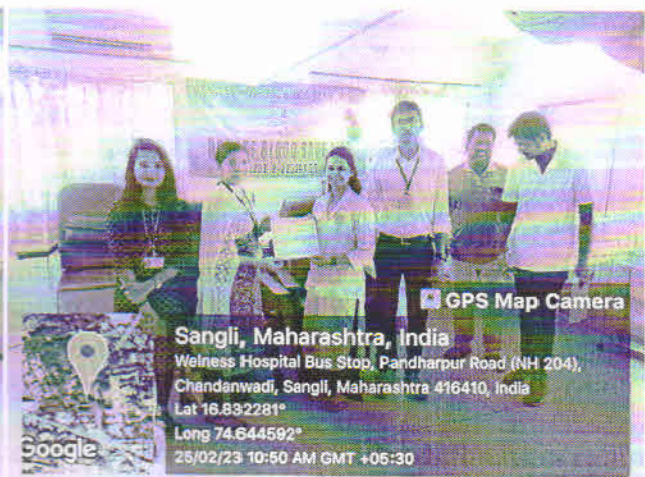
Dean/ Principal Stamp and Signature

Principal
 College of Physiotherapy
 Wanless Hospital
 Miraj Medical Centre.
 Miraj - 416 410.

BLOOD DONATION CAMP

The DMER (Directory of medical education and research) Mumbai has announced a blood donation camp for all the associated medical institutions under Maharashtra University, which was successfully organized by NSS committee of College of physiotherapy, Miraj and it was conducted in blood bank department of Miraj Medical Centre, Wanless hospital where it was coordinated by Dr Esther (HOD, Blood bank Department) from 20th February 2023 to 25th February 2023.

28 donors from College of Physiotherapy voluntarily participated for blood donation camp. The event was Co-ordinated by Dr Ahmad Noor and Guided by Dr. Aakanksha Joshi (Principal). The students were given the certificate of appreciation.



Aakanksha Joshi
15/03/23

Principal
College of Physiotherapy
Wanless Hospital
Miraj Medical Centre.

SANGLI CYCLOTHON

Sangli Cyclothon was organised on 26th Feburary 2023 by Aryan Heart Care lead by Dr.Riyaz Mujawar.The cyclothon had different groups of participants varying with distance i.e. 5km, 20km, 50km and 100km.The cyclothon commenced from the New English School, Miraj.

The College of Physiotherapy , MMC, Wanless Hospital, Miraj had been part of the cyclothon.It was entirely coordinated by Dr. Chintan Solanki with the supporting help of Dr. Ahmad Noor and Dr. Mrunali Patel under the guidance of Dr. Aakanksha Joshi, Principal, College of Physiotherapy.

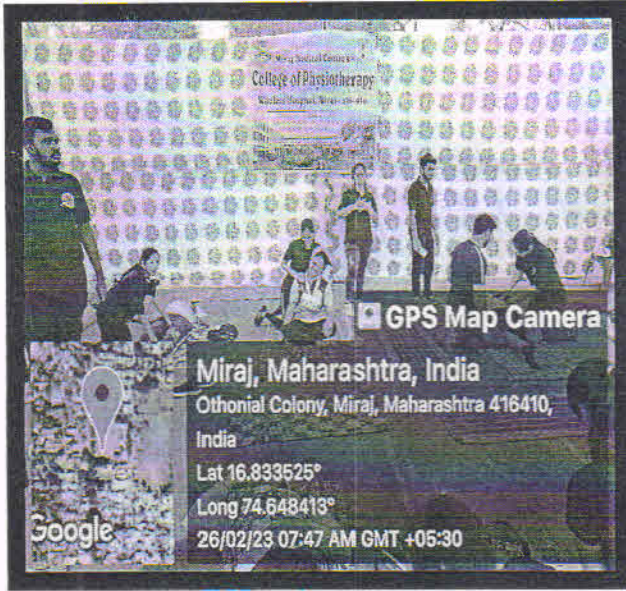
15 students from the internship took part as physiotherapist and 15 students from the undergraduates as volunteers for the same.The timing was from 6am to 12pm.The cyclothon participants, after completing their route, received the physiotherapy service given by our physiotherapists and were immensely happy and satisfied with the treatment given and gave positive feedback.The College of Physiotherapy, Miraj was felicitated with token of appreciation for its service and being part of Sangli Cyclothon.The students who participated for this service were felicitated by the certificate of appreciation.



Joshi
15/03

Dr. Aakanksha Joshi
College of Physiotherapy
Wanless Hospital
Miraj - 415 410.





World Obesity Day

Obesity Awareness Campaign

On the occasion of World Obesity Day, Department of Cardiovascular and Respiratory PT had organized Obesity Awareness programme by conducting lecture on "Changing Perspectives: Let's Talk about Obesity" and Free Yoga session for Staff of COP and Wanless Hospital. On 04/03/2023 Programme was started at 9am and ended at 11:30 am. Lecture was conducted by Dr Aakanksha Joshi and Dr Mrunali Patel. Yoga session was well conducted by Intern Vaishnavi Ahirrao. Entire programme was well coordinated by Intern Pankaj under the guidance of Dr Mrunali Patel and vote of thanks was delivered by Intern Sakshi Patwardhan. 35 participants were present for this event.

m Patel
05/03/23

Co-ordinator

Dr Mrunali Patel (PT)

A Joshi
05/03/23

Principal

Principal
College of Physiotherapy
Wanless Hospital
Miraj Medical Centre
Miraj - 416 410



A Joshi
15/03

Principal
College of Physiotherapy
Wanless Hospital
Miraj Medical Centre
Miraj - 416 410



Report On International Yoga Day Celebration

Miraj Medical Centre, College of Physiotherapy, Wanless Hospital Miraj, celebrated International Yoga Day by conducting a Yoga session on 21st June 2023 for the students and staff of the Physiotherapy College at the yoga hall. Aimed to promote the physical and mental well-being of the participants through various yoga practices. The theme for the day was "Yoga for vasudhaiva kutumbakam."

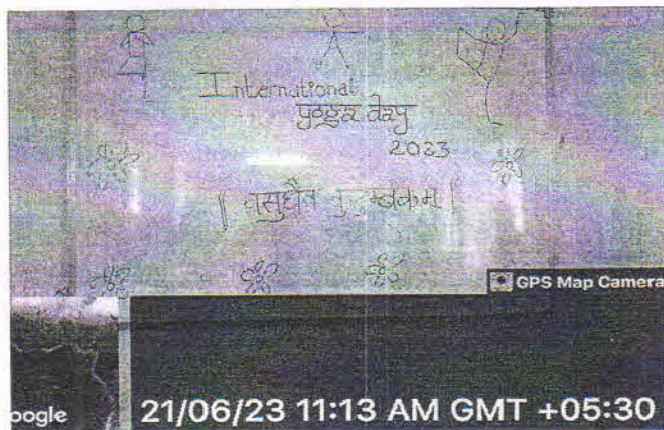
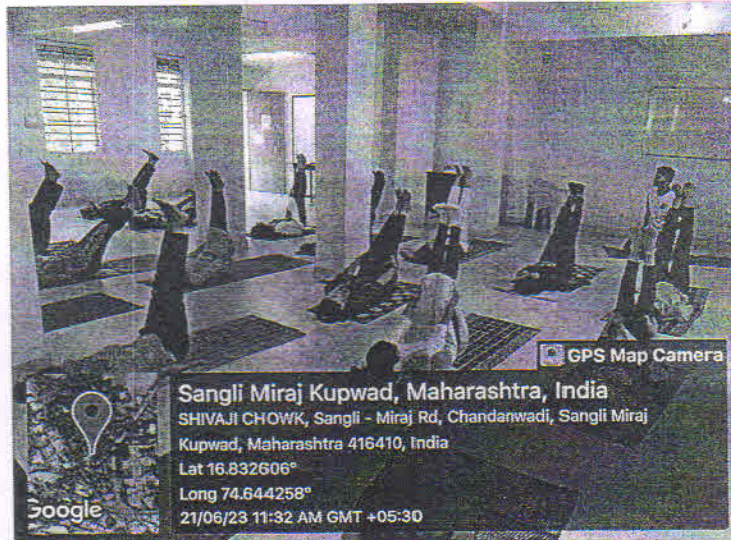
The welcome note was given by Dr. Chintan solanki, Assistant Professor at the College of Physiotherapy (COP). The Yoga session was led by Sumit pote, a certified Yoga instructor. A total of 40 participants attended the session, including 32 students and 8 staff members. The session lasted for 2 hours and the schedule encompassed the following activities:

- Basic Sukshma Kriyas: Participants engaged in gentle warm-up exercises to prepare their bodies for the yoga session.
- Dynamic Yoga Postures: The session incorporated a series of dynamic yoga postures to enhance flexibility, strength, and balance.
- Pranayamas: Breathing techniques were introduced to foster relaxation, mindfulness, and control over breath.
- Relaxation Techniques: Participants were guided through relaxation exercises, helping them unwind and release stress.
- Meditation: The session concluded with a meditation practice, allowing participants to attain a state of deep relaxation and inner peace.

The event was coordinated by Dr. Chintan solanki, Assistant Professor, under the guidance of Dr. Aakanksha joshi, Principal of the College of Physiotherapy (COP).

The Yoga Day celebration at College of Physiotherapy, Miraj proved to be a resounding success, providing an opportunity for participants to engage in physical exercise, enhance mindfulness, and experience the numerous benefits of yoga. The event not only promoted a healthy lifestyle but also fostered a sense of community and unity among the participants.

We extend our heartfelt gratitude to all the participants, instructors, and organizers who contributed to the success of the event. It is through such initiatives that we can continue to promote holistic well-being and create a positive impact on the lives of individuals.



Aoshi

PRINCIPAL
 Principal
 College of Physiotherapy
 Wanless Hospital
 Miraj Medical Centre.
 Miraj - 416 410.

“Lecture on the Importance and Awareness of Physiotherapy in Special Children” at Aashadeep Special School, Sangli

The lecture, titled "Importance and Awareness of Physiotherapy in Special Children - Empowering Parents of Children with Special Needs," held on 28 July 2023, was a resounding success, witnessing active participation from over 40 parents.

Mrs. Chaddha, the Principal of Aashadeep School, graciously invited Dr. Chintan Solanki, Assistant Professor of the Department of Neurophysiotherapy from the College of Physiotherapy, Miraj. The aim was to educate and empower parents in understanding the role of physiotherapy in the holistic care of children with special needs.

Key topics covered in the lecture included "Child, Family, and Therapist Working as a Team," emphasizing the integral role of physical therapy in daily care. Practical insights were provided on caring for a child with special needs, discussing useful home equipment, and exploring environmental modifications for a positive impact on the well-being of these children.

The subsequent question and answer session facilitated a meaningful exchange of information, allowing parents to address specific concerns and seek guidance tailored to their unique situations. The interactive nature of the session contributed to a deeper understanding of the challenges faced by parents of children with cerebral palsy.

We would also like to highlight the positive feedback received from both Aashadeep staff and parents of children with cerebral palsy who attended the lecture. Dr. Chintan Solanki's expertise and engaging presentation style were instrumental in creating an enriching and enjoyable experience for all participants.

We express our sincere appreciation for Dr. Chintan Solanki's commitment to advancing knowledge and awareness in the field of physiotherapy, particularly concerning children with special needs. His contribution aligns with the mission of the College of Physiotherapy, WH, Miraj, to foster community engagement and promote the well-being of diverse populations. We look forward to the possibility of future collaborations that continue to make a positive impact on our community.



A handwritten signature in green ink, appearing to read "J. Chaddha".

PRINCIPAL

Principal
College of Physiotherapy
Wanless Hospital
Miraj Medical Centre.
Miraj - 416 410.



NSS Department's Successful Participation in 'Meri Mati Mera Desh Programme' Tree Plantation Initiative

The "MERI MATI MERA DESH PROGRAMME," organized by the central government, saw active participation from the NSS department of the College of Physiotherapy, WH, Miraj. A tree plantation program was conducted on 10th August 2023, marking a significant achievement. Recognizing the importance of garnering support and obtaining necessary permissions, the process began by seeking assistance from esteemed government officers.

The journey commenced at the Zilla Parishad office, where permission was sought from the respected Mr. Shashi Kant Shinde (Deputy CO). Subsequently, Mr. Mali, the Gram Panchayat head of Miraj, provided crucial support and guided us to connect with Mr. Nagargoje, the Gram Vikas Officer of Haripur, and Mr. Gangatirkar, the Gram Vikas Officer of Bolwad. Further collaboration was sought by reaching out to the Sarpanch of the Bolwad area.

A total of 75 saplings were planted, creating a vibrant 'vatika' during the planting activity held on 10th August 2023, at two locations - Haripur and Bolwad. The program witnessed active participation from 25 NSS volunteers, dedicating their time and effort from 10 AM to 2 PM.

The successful execution of the event was made possible through the diligent efforts and guidance of the NSS program officer Dr. Chintan Solanki along with the dedicated staff Dr. Ahmad Noor. Additionally, the invaluable support of Abid Kulkarni and Abhishek Nene, members of the NSS volunteers from students of WH College of Physiotherapy, played a pivotal role in ensuring the smooth conduct of the tree plantation initiative.

Together, with the collective efforts of the local community, government officials, and students, we made a meaningful contribution to the 'Meri Mati Mera Desh' initiative, fostering environmental awareness and sustainable development in our region.

Dr. Chintan Solanki

EVENT COORDINATOR

PRINCIPAL

Principal
College of Physiotherapy
Wanless Hospital
Miraj Medical Centre.
Miraj - 416 410.





ON THE OCCASION OF NATIONAL SPORTS DAY, 29TH AUGUST 2023 - COLLEGE OF PHYSIOTHERAPY, WH, MIRAJ ORGANIZES INTERCOLLEGE SPORTS WEEK

The Intercollege Sports Week 2023 At Our College of Physiotherapy, WH, Miraj, Began with Lots of Excitement on National Sports Day, 29th August 2023. The Inauguration Ceremony Witnessed a Harmonious Blend of Esteemed Guests and Faculty Members, Joining Hands to Celebrate and Inspire the Spirit of Sportsmanship.

At The Prestigious Ceremony, A Chain of Honors Unfolded as Mr. Akash Bhansode from Sports Krida Sankool Was Felicitated by Dr. Prabha Qureshi, Director of The Wanless Hospital, MMC, and Miraj. In Turn, Dr. Prabha Qureshi Herself Received Accolades from Dr. Vrushali Bhore. Continuing The Gesture of Appreciation, Mrs. Sangita Satvekar, The Dedicated Principal of The College of Nursing, Was Then Honored by Dr. Mrunali Patel. Concluding This Sequence, Mrs. Ujwala Parkour, Vice Principal of the College of Nursing, Was Felicitated by Dr. Chintan Solanki. This Series of Recognitions Underscored the Remarkable Achievements and Contributions of Individuals from Diverse Fields, Creating A Momentous Atmosphere at The Event.

The Intercollege Sports Week Featured a Total Of 12 Events, Showcasing the Athletic Prowess of Students from Both the College of Nursing (CON) And the College of Physiotherapy (COP). The Diverse Range of Sports Included: Cricket Underarm (Girls/Boys), Cricket Over arm (Boys), Badminton Singles (Girls/Boys), Badminton Doubles, Plank Challenge, Langadi Race, Lemon Race, Kho-Kho (Girls), Volleyball (Boys), Throw ball (Girls), Tug of War (Boys/Girls), Carrom (Boys/Girls)

The Sporting Extravaganza Unfolded Over Two Days, 28th August and 29th August 2023, With the Competitions Scheduled From 10:00 AM To 5:00 PM. The Participation of More Than 500 Students Added Vibrancy and Excitement to The Inter college Sports Event, Fostering A Sense of Camaraderie and Healthy Competition Among the Students.

The Inter college Sports Week Not Only Showcased the Physical Prowess of The Students but Also Emphasized the Importance of Sports in Promoting a Healthy Lifestyle and Team Spirit. The Event Left a Lasting Impression, Encouraging the Students to Continue Pursuing Excellence in Both Academics and Sports.

To Crown the Achievements, One of The Chief Guests Took the Stage to Present Awards and Medals to The Deserving Winners of Their Respective Games on 31st august, 2023. This Added a Moment of Glory, Acknowledging the Dedication and Sportsmanship Displayed by The Participants, Creating Lasting Memories of a Successful Inter college Sports Week.

Dr. Vrushali Bhore
Dr. Chintan Solanki

EVENT COORDINATOR



Juditha

PRINCIPAL

Principal
College of Physiotherapy
Wanless Hospital
Miraj Medical Centre.
Miraj - 422 110

**MIRAJ MEDICAL CENTRE
COLLEGE OF PHYSIOTHERAPY
WANLESS HOSPITAL, MIRAJ**

INTER COLLEGE SPORTS EVENT 2023

DAY 1: 28TH AUGUST 2023

SN	EVENTS	SUPERVISOR	TIME	PLACE
1.	INAUGURATION	SPORTS COMMITEE	9:00 A.M. TO 10:00 A.M	COP GROUND
2.	CRICKET UNDERARM GIRLS	DR. VRUSHALI BHORE, MRS. JESSICA MALAP	10:00 A.M. TO 11:00 A.M.	COP GROUND
3.	CRICKET UNDERARM BOYS	MR. SANDIP SATYAWAN, MR. JAY TRIBHUVAN	11:00 A.M. TO 1:00 P.M.	COP GROUND
4.	BADMINTON SINGLE GIRLS	Dr. MRUNALI PATEL	2:00 P.M. TO 3:00 P.M.	COP GROUND
5.	BADMINTON SINGLE BOYS	MR. SANDIP SATYAWAN	3:00 P.M TO 4:00 P.M.	COP GROUND
9.	BADMINTON DOUBLE	MRS. AFRIN MANGAHVARE	4:00 P.M. TO 5:00 P.M.	COP GROUND
6.	PLANK CHANLLANGE	DR. CHINTAN SOLANKI	2:00 P.M. TO 3:00 P.M.	YOGA HALL COP
7.	LANGADI RACE	DR. VRUSHALI BHORE	3:00 P.M TO 4:00 P.M.	COP GROUND
8.	LEMON RACE	DR. VRUSHALI BHORE	4:00 P.M. TO 5:00 P.M.	COP GROUND

DAY 2: 29TH AUGUST 2023

SN	EVENT	SUPERVISER	TIME	PLACE
1.	KHOKHO – GIRLS	Mrs. JESICA MALAP	9:00 A.M. TO 10:00 A.M.	COP GROUND
2.	CRICKET OVERARM - BOYS	MR. SANDIP SATYAWAN, MR. RITESH TIWDE	9:00 A.M. TO 12:00 A.M.	WH GROUND
3.	VOLLYBALL BOYS	MR. ALLEN MOHITE	12:00 A.M TO 1:00 A.M.	CON GROUND
4.	THROWBALL GIRLS	MRS. JESICA MALAP	12:00 A.M TO 1:00 A.M.	COP GROUND
5.	TUG OF WAR BOYS	MRS. JESICA MALAP	2:00 P.M. TO 2:30 P.M.	CON GROUND
6.	TUG OF WAR GIRLS	MRS. JESICA MALAP	2:30 P.M. TO 3:00 P.M.	CON GROUND
7.	CARROM BOYS	MR. SANDIP SATYAWAN	3:00 P.M. TO 4:00 P.M.	YOGA HALL COP
8.	CARROM GIRLS	MR. SANDIP SATYAWAN	4:00 P.M. TO 5:00 P.M.	YOGA HALL COP

DAY 3: 31ST AUGUST 2023

1.	PRIZE DISTRIBUTION	SPORTS COMMITE	11:00 P.M TO 1:00 P.M	COP GROUND
----	--------------------	----------------	-----------------------	------------

WINNER LIST OF INTER COLLEGE SPORTS EVENT 2023

SPORTS	COLLEGE NAME	STUDENTS NAME
Cricket Underarm (Boys)	COP TEAM	Samuel Bhagat, Sandip Sir, Aditya Kalmade, Subham Kolekar, Aneket Sawant, Viraj Jadhav, Abhishek Nene
Cricket Underarm (Girls)	COP TEAM	Namrata Pawar, Rutuja Pakhle, Priety Suryawanshi, Aditi Patil, Sayli Kamble, Sneha Panjabi, Saharsha Farad
Cricket Over arm (Boys)	COP TEAM	Subham Kolekar, Sandip Sir, Samuel Bhagat, Gaurav Hakke, Aditya Kalmade, Ashish Hajare, Aniket Sawant, Rohit Kamble, Shreyas Bhatt, Kunal Naik, Yash Kasid
Badminton Singles (Boys)	CON TEAM	Rohan More
Badminton Singles (Girls)	CON TEAM	Susan George
Badminton Mix Doubles	COP TEAM	Parth Didlokar, Rutuja Pakhle
Kho-Kho (Girls)	CON TEAM	Sakshi More, Khrkid Shaikh, Vaishnavi Salukne, Arti Shinde, Samakshata Awale, Bhagyashri Kabule, Aksa Jorg
Volleyball (Boys)	CON TEAM	Steven Konasagar, Yash Karpe, Samarth Patil, Swapnil Mane, Allan Mohite, Shimon More
Throwball (Girls)	CON TEAM	Namrata Londe, Swapnali Chougule, Angela Philip, Sharan Shilar, Suzain John, Mery Dhanvade, Sanskruti Navgire, Mahima Sanavne
Tug Of War (Boys)	CON TEAM	Suraj Shaikh, Pratik Desai, Pratik Awale, Prakash Chardanshive, Abhishek Bhore, Vinay Jacob, Sarvesh Kedari, Dralad Kangene, Swapnil Mane, Sandesh Kamble, Rohan Mohite, Ashish More, Ishan Bhandare, Sagar Palakhe
Tug Of War (Girls)	CON TEAM	Mary Dhanawade, Mahima Sarode, Soniya Awale, Namrata Londhe, Sherwani Patak, Suzan George, Glory Saxane, Angela Phillip, Sharon Shelar, Purna Samudare, Lincy Makasare, Soniya Shaikh, Shruti Dolephode, Nikita Basargi
Plank Challenge (Boys)	COP/ CON TEAM	Namrata Pawar, Glory Sakshena
Plank Challenge (Girls)	COP/ CON TEAM	Sumit Pote, Viven Saler
Langadi Race (Girls)	COP/CON TEAM	Shruti Bandgar, Mahima Holkar
Langadi Race (Boys)	COP/CON TEAM	Rohit Kamble, Joy Londhe
Lemon Race (Girls)	COP/ CON TEAM	Sneha Panjabi, Saniya
Carrom (Boys)	COP team	Harshal jadhav
Carrom (Girls)	COP team	Rutuja Pakhle
Chess (Boys)	COP team	Sumit pote
Chess (Girls)	COP team	Geetanjali pawar









WORLD PHYSIOTHERAPY DAY 2023: EDUCATIONAL LECTURE ON INFLAMMATORY ARTHRITIS AT COLLEGE OF PHYSIOTHERAPY, WH, MMC, MIRAJ

World Physiotherapy Day 2023 was celebrated at the College of Physiotherapy, WH, Miraj, with a focus on the theme of inflammatory arthritis. In line with the theme, a lecture was organized to enhance awareness and understanding of inflammatory arthritis among students.


Dr. Shruti Paramshetty, MD (Medicine) and Fellow in Clinical Immunology and Rheumatology, was invited to deliver the lecture. The aim of the session was to educate students about inflammatory arthritis and its management. Chintan Solanki (PT) facilitated and coordinated the event.


The lecture, held on 8th September 2023 from 10 AM to 11:30 AM, covered topics such as rheumatoid arthritis, ankylosis spondylitis, and various other types of inflammatory arthritis. The session encompassed discussions on the types, clinical features, and management of inflammatory arthritis.

At the end of the session, Dr. Chintan Solanki elucidated the role of physiotherapy in the treatment of patients with inflammatory arthritis. The lecture was attended by 60 students from the 2nd, 3rd, and 4th year B.P.Th.

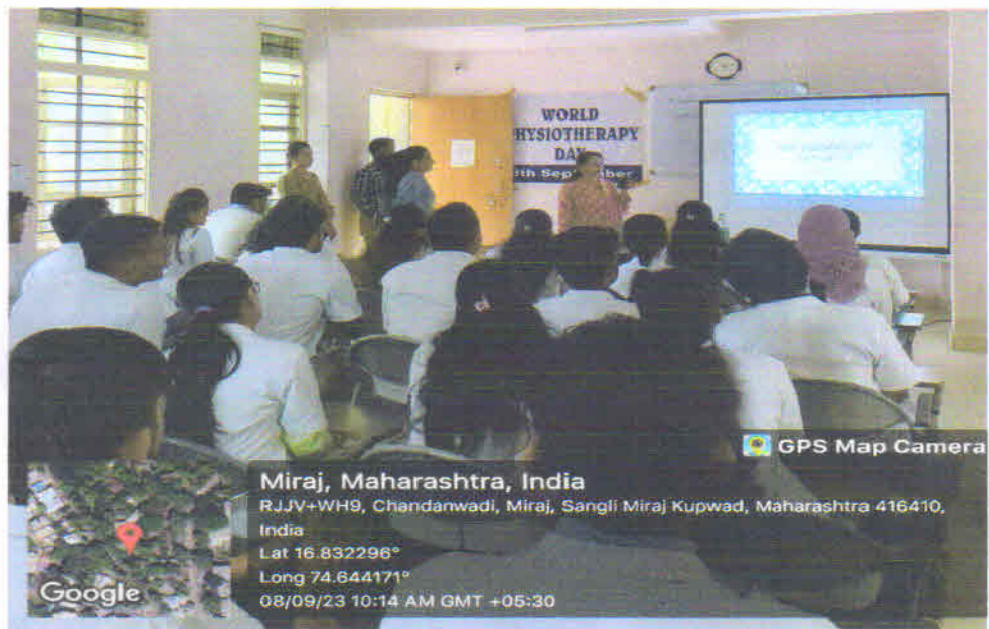
The informative nature of the lecture provided students with valuable insights and knowledge on managing patients with inflammatory arthritis.

The event was a successful initiative to commemorate World Physiotherapy Day, contributing to the education and awareness of inflammatory arthritis among the physiotherapy students.


Dr. Chintan Solanki (PT)
EVENT COORDINATOR


PRINCIPAL
Principal
College of Physiotherapy
Wanless Hospital
Miraj Medical Centre.
Miraj - 416 410.





"SEMINAR ON WORLD HEART DAY 2023: 'USE HEART, KNOW HEART'"

On the occasion of World Heart Day 2023, the College of Physiotherapy is proud to organize a comprehensive seminar under the theme 'Use Heart, Know Heart.' The event, scheduled for September 30, 2023, from 2:00 PM to 6:30 PM, is designed to educate and create awareness among our students, spanning from 2nd to 4th years.

As part of our integrated teaching approach, distinguished members of the Physiotherapy staff, including Dr. Ahmad Noor, Dr. Vrushali Bhore, Dr. Mrunalli Patel, and Dr. Chintan Solanki, will conduct a series of Six insightful lectures focusing on various aspects of cardiovascular health. The topics covered during the seminar topic include:



1. Introduction and Risk Factors of Cardiovascular Disease
2. Effect of Lifestyle on Cardiovascular Health
3. Cardiovascular Consequences of Obesity
4. Mental Stress and Heart Disorders
5. Impact of Sedentary Lifestyle on Cardiovascular Health
6. Nourishing Your Heart: The Key to a Healthier Life
7. Role of Physiotherapy in Maintaining a Healthy Heart, including Cardiac Rehab

Following these enlightening sessions, a short MCQ test will be conducted to gauge the understanding of the material.

The seminar aims to engage a total of 50 students, including those from the 2nd, 3rd, and 4th years, fostering a holistic understanding of cardiovascular health.

This event aligns with our commitment to providing comprehensive education and promoting awareness in the field of physiotherapy, emphasizing the vital connection between a healthy heart and overall well-being.

We look forward to the active participation of our students and the success of this educational initiative.

Dr. Vrushali Bhore 
Dr. Chintan Solanki 

EVENT COORDINATOR



PRINCIPAL

Principal
College of Physiotherapy
Wanless Hospital
Miraj Medical Centre.
Miraj - 416 410.

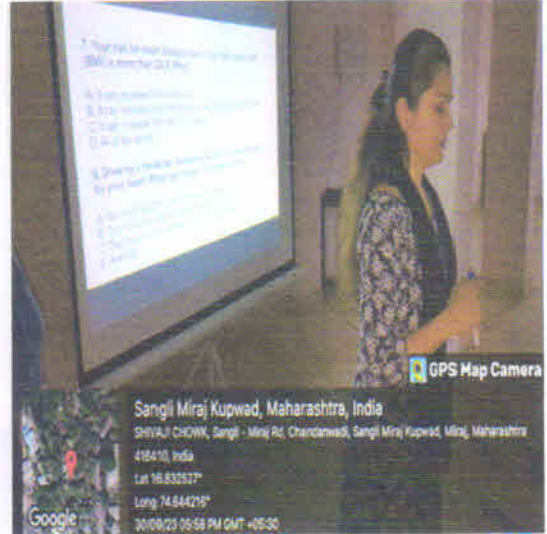


**MIRAJ MEDICAL CENTRE
COLLEGE OF PHYSIOTHERAPY,
WANLESS HOSPITAL, MIRAJ**

SEMINAR ON WORLD HEART DAY' 2023

DATE: 30/09/2023

Sr. No	TOPIC	TIME	SPEAKER
1.	Introduction And Risk Factor Of Cardio Vascular Disease, Effect on Life Style on Cardiovascular Health	2:00 P.M to 3:00 P.M	Dr. Vrushali bhore (PT)
2.	Cardiovascular Consequences of Obesity		Dr. Vrushali bhore (PT)
3.	Mental Stress and Heart Disorder	3:00 P.M. to 3:30 P.M.	Dr. Chintan Solanki (PT)
4.	Impact of Sedentary Lifestyle on Cardiovascular Health	3:30 P.M to 4:00 P.M	Dr. Ahmad Noor (PT)
BREAK - TIME			
5.	Nourishing Your Heart: The Key to a Healthier Life	4:10 P.M to 5.40 PM	Dr. Chintan Solanki (PT)
6.	Role of physiotherapy in maintain healthy heart including cardiac rehab	5:40 P.M to 6:30 PM	Dr. Mrunali Patel (PT)



INTERNSHIP OATH CEREMONY OF BATCH 2019-20

The College of Physiotherapy at WH, MMC, Miraj, organized the Oath Taking Ceremony on November 26, 2023. The ceremony opened with a soulful prayer, followed by a warm welcome extended to our esteemed Dr. Fredrik John Principal Sir, and the dedicated staff of the College of Physiotherapy.

Dr. Fredrick John, Principal Sir, delivered a powerful and motivating speech, aiming to inspire, instill confidence, and provide essential instructions regarding the rules and regulations of the internship program. His words served to prepare attendees for the challenges and opportunities that lay ahead.

Following the speech, Principal Sir and Dr. Ahmad Noor Sir presented badges to each intern student. This symbolic gesture marked the official entry of students into the internship program and signified the trust placed in them to uphold the principles of physiotherapy with diligence and professionalism.

The highlight of the ceremony was the Oath Taking by the students, a solemn moment representing their commitment to uphold the highest standards of ethics, compassion, and professionalism in the practice of physiotherapy.

To conclude the ceremony, there were closing remarks, summarizing the significance of the day and expressing gratitude to all attendees for their participation and support. The students expressed their gratitude through a Vote of Thanks, acknowledging the efforts of everyone involved, especially Dr. Vrushali Bhole, in making the Oath Taking Ceremony a memorable and meaningful event.

EVENT COORDINATOR

Dr. Vrushali Bhole.

PRINCIPAL
Principal
College of Physiotherapy
Wanless Hospital
Miraj Medical Centre.
Miraj - 416 410.



SUMIT POTE SHINES IN YOGASANA, BRINGING GLORY TO OUR INSTITUTION

Mr. Sumit Pote, a third-year student of college of physiotherapy, WH, Miraj, has not only excelled in Yogasana but has become a symbol of our commitment to holistic development. Starting from impressive performances in the MUHS selection trials to proudly representing us at the AIU South West Zone Championship on 1st to 4th December, 2023, Sumit's journey inspires us all. His recent feat of securing a spot in the top 16 for the AIU Inter Zonal Championship isn't just personal success; it mirrors the excellence and values our college instils.

Behind Sumit's achievements stands the encouragement and support of our Principal sir Dr. Fredrick John. His unwavering belief in Sumit's potential has been a driving force, reinforcing the sense of community and mentorship that defines our institution. As Sumit gears up for the next challenge, our college community, along with our supportive Principal, cheers him on, confident that he'll keep making us proud with his accomplishments.



Dr. Fredrick John

PRINCIPAL

**Principal
College of Physiotherapy
Wanless Hospital
Miraj Medical Centre.
Miraj - 416 410.**

AMALA JOSEPH TAKES PART IN INTER-COLLEGE PHYSIOTHERAPY AVISHKAR RESEARCH COMPETITION 2023

Ms. Amala Joseph, an internship student, recently showcased the excellence of our college on a broader platform by participating in the Inter College Physiotherapy Avishkar Research competition at MUHS on 6th December, 2023. Under the insightful guidance of our respected Principal Dr. Fredrick John sir and Dr. Chintan Solanki, Amala brought her dedication and expertise to the forefront. Her active involvement not only reflects the commitment of our students but also highlights the strong support and mentorship provided by our college leadership.

We extend our congratulations to Amala Joseph for her outstanding representation and contribution to our college's academic legacy.



Dr. Fredrick John
PRINCIPAL

Principal
College of Physiotherapy
Wanless Hospital
Miraj Medical Centre.
Miraj - 416 410.

CHRISTMAS CELEBRATION AT COLLEGE OF PHYSIOTHERAPY, WH, MMC, MIRAJ

College of Physiotherapy, WH, MMC, Miraj, organized The Christmas Celebration event on 15th December 2023 from the event was a harmonious blend of formal and informal activities, fostering a sense of community and joy among students, staff, and guests.

The morning began with a prayer service led by Mrs. Sarika Awale, invoking blessings and setting the tone for the day. A warm welcome was extended to our esteemed guests, including Dr. Fredrick John, Principal, and the entire staff, both teaching and non-teaching, along with other dignitaries.

Dr. Vrushali Bhore delivered a heartfelt welcome address, expressing gratitude for the presence of all attendees and highlighting the significance of the occasion. Students delighted the audience with soulful Christmas carols, spreading festive cheer throughout the venue.

The principal sir delivered an inspiring speech, addressing the gathering and emphasizing the values of joy, unity, and goodwill associated with Christmas. A special segment of thanks giving followed, lasting 10 to 15 minutes, involving expressions of gratitude from the principal, staff, and a dedicated student volunteer.

The heartwarming event continued with students participating in a gift exchange, fostering a sense of camaraderie and sharing during the festive season. Dr. Mrunali Patel and Mr. Rohit delivered the vote of thanks, expressing appreciation to everyone involved in making the celebration a memorable one.

Following these formal events, the celebration seamlessly transitioned into a series of informal activities:

- Oorja Rana captivated the audience with a mesmerizing solo singing performance.
- Students from 2nd B.P. Th and 3rd B.P. Th presented an energetic group dance, followed by a captivating group dance performance by Oorja Bagul and Sayali Kamble.
- Vibhavari Kamble and Rutuja Pakhle showcased their musical talents through a delightful singing duet.
- Namrata Pawar enthralled the audience with a soulful solo singing performance.
- A lively dance performance by the internship group added a vibrant touch to the celebration.
- Students engaged in various games and fun activities, promoting a sense of enjoyment and camaraderie.
- The event concluded with a stylish ramp walk by our talented students, adding a dash of flair and elegance to the festive atmosphere.

Post the spirited festivities, a delightful lunch was arranged, providing an opportunity for all attendees to mingle, share experiences, and further strengthen the bonds of our school community.

In retrospect, The Christmas Celebration Event was a resounding success, thanks to the efforts and contributions of everyone involved. We extend our heartfelt gratitude to each participant, making it a memorable celebration that truly reflected the spirit of Christmas.

Dr. Mrunali Patel 

Dr. Vrushali Bhore 

EVENT COORDINATOR




PRINCIPAL

Principal
College of Physiotherapy
Wanless Hospital
Miraj Medical Centre.
Miraj - 416 410



